

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
		1	2 KCal 746 P. 47 Lip. 16 H.C. 107 <ul style="list-style-type: none"> Alubias rojas Bacalao romana con lechuga Fruta / Pan Red beans Battered cod with lettuce Fruit / Bread 	3 KCal 660 P. 29 Lip. 27 H.C. 78 <ul style="list-style-type: none"> Sopa de letras Hamburguesa de vacuno al horno con tomate y pimientos Fruta / Pan Alphabet soup Baked veal hamburger with tomato and peppers Fruit / Bread
6 KCal 679 P. 19 Lip. 27 H.C. 90 <ul style="list-style-type: none"> Puré de acelgas y espinacas Tortilla de patata con lechuga y zanahoria Fruta / Pan Chard and spinach cream Spanish omelette with lettuce and carrot Fruit / Bread 	7 KCal 860 P. 38 Lip. 30 H.C. 109 <ul style="list-style-type: none"> Pasta de verduras salteada Merluza en salsa americana Fruta / Pan Sautéed vegetable pasta Hake in American sauce Fruit / Bread 	8 KCal 787 P. 28 Lip. 37 H.C. 86 <ul style="list-style-type: none"> Menestra de verduras Salchichas frankfurt con tomate y patatas Yogurt sabores / Pan Vegetable stew Frankfurters with tomato and potatoes Different flavors yogurt / Bread 	9 KCal 817 P. 55 Lip. 18 H.C. 109 <ul style="list-style-type: none"> Garbanzos Pechugas de pollo en salsa de champiñón Fruta / Pan Chickpeas Chicken breasts in mushroom sauce Fruit / Bread 	10 KCal 713 P. 38 Lip. 20 H.C. 96 <ul style="list-style-type: none"> Patatas a la riojana Bacalao romana con lechuga Fruta / Pan Rioja potatoes Battered cod with lettuce Fruit / Bread
13 KCal 913 P. 22 Lip. 23 H.C. 160 <ul style="list-style-type: none"> Arroz tres delicias Empanadillas de atún con ensalada liz Fruta / Pan Fried rice Small tuna patties with liz salad Fruit / Bread 	14 KCal 774 P. 23 Lip. 37 H.C. 90 <ul style="list-style-type: none"> Crema de calabaza y zanahoria Albóndigas de vacuno a la jardinera Fruta / Pan Pumpkin and carrot cream Veal meatballs with mixed vegetables Fruit / Bread 	15 KCal 815 P. 52 Lip. 23 H.C. 103 <ul style="list-style-type: none"> Alubias blancas con chorizo Bacalao en salsa verde Actimel / Pan White beans with chorizo Cod in green sauce Actimel / Bread 	16 KCal 594 P. 38 Lip. 18 H.C. 72 <ul style="list-style-type: none"> Sopa de ave con fideos Lomo adobado de cerdo empanado Fruta / Pan Fowl soup with noodles Breaded marinated pork loin Fruit / Bread 	17 KCal 861 P. 36 Lip. 35 H.C. 102 <ul style="list-style-type: none"> Tallarines salteados al estilo oriental Alitas de pollo con lechuga Fruta / Pan Oriente style Tagliatelle sautéed Chicken wings with lettuce Fruit / Bread
20 KCal 744 P. 57 Lip. 17 H.C. 93 <ul style="list-style-type: none"> Lentejas Estofado de pavo con verduras Fruta / Pan Lentils Turkey stew with vegetables Fruit / Bread 	21 KCal 722 P. 25 Lip. 24 H.C. 102 <ul style="list-style-type: none"> Porrusalda Hamburguesa de ternera 100% en salsa jardinera Fruta / Pan Stewed leeks 100% veal hamburger in vegetable sauce Fruit / Bread 	22 KCal 788 P. 50 Lip. 18 H.C. 107 <ul style="list-style-type: none"> Alubias rojas Bacalao romana con ensalada liz Yogurt sabores / Pan Red beans Battered cod with liz salad Different flavors yogurt / Bread 	23 KCal 663 P. 18 Lip. 29 H.C. 84 <ul style="list-style-type: none"> Vainas rehogadas Tortilla de patata con lechuga Fruta / Pan Sautéed green beans Spanish omelette with lettuce Fruit / Bread 	24 KCal 937 P. 25 Lip. 37 H.C. 135 <ul style="list-style-type: none"> Arroz con tomate Medallones de merluza en salsa verde Fruta / Pan Rice with tomato sauce Hake slice in green sauce Fruit / Bread
27 KCal 670 P. 34 Lip. 26 H.C. 76 <ul style="list-style-type: none"> Sopa de estrellas con pollo y huevo Filete de guiarrá de cerdo empanado con lechuga Fruta / Pan Stars soup with chicken and egg Breaded pork fillet with lettuce Fruit / Bread 	28 KCal 878 P. 39 Lip. 30 H.C. 113 <ul style="list-style-type: none"> Macarrones carbonara Merluza en salsa meniere Fruta / Pan Carbonara macaroni Hake in meunière sauce Fruit / Bread 	29 KCal 848 P. 66 Lip. 18 H.C. 104 <ul style="list-style-type: none"> Garbanzos Muslo de pollo asado con pimientos, champiñón y patata Yogurt natural azucarado / Pan Chickpeas Grilled chicken thigh with peppers, mushrooms and potato Naturally sweetened yogurt / Bread 	30 KCal 846 P. 41 Lip. 25 H.C. 122 <ul style="list-style-type: none"> Arroz con salchichas y chorizo Bacalao romana con ensalada liz Fruta / Pan Rice with sausages and chorizo Battered cod with liz salad Fruit / Bread 	